PRESS RELEASE

LONCOR INITIATES GOLD EXPLORATION PROGRAM

Toronto, Canada - May 19, 2009 - Loncor Resources Inc. (the "Company") (TSX-V Symbol: "LN") is

pleased to announce it has mobilized a geological crew to undertake Phase II of its recommended gold exploration program on its exploration permit areas located in the Bas Congo province in the

Democratic Republic of Congo. Equipment and personnel are expected to be on site in July. The

properties are located approximately 250 km southwest of the capital city of Kinshasa and

approximately 100 km north of the town of Matadi on the Congo River.

The properties are subject to a National Instrument 43-101 technical report prepared by the Company's

consulting geologists, Venmyn Rand (Pty) Limited of Johannesburg, South Africa and available for review

under the Company's profile on SEDAR at www.sedar.com

For further information, please visit our website www.loncor.com or contact:

A.T. Kondrat, Chairman

Tel: (416) 366-2221

or

Kevin Baker, President and CEO

Tel: (403) 698-8560

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy of this

release.